

September 2025 Resources:

Background Research - Health and the Immigrant Experience

KFF website: [kff.org](https://www.kff.org)

KFF - Understanding the U.S. immigrant experience - 2023 KFF/LA Times Survey of Immigrants: <https://www.kff.org/racial-equity-and-health-policy/kff-la-times-survey-of-immigrants/>

KFF - Misinformation about immigrants in the 2024 presidential election: <https://www.kff.org/immigrant-health/misinformation-about-immigrants-in-the-2024-presidential-election/>

KFF survey of immigrants - Views and experiences in the early days of President Trump's second term: <https://www.kff.org/racial-equity-and-health-policy/kff-survey-of-immigrants-views-and-experiences-in-the-early-days-of-president-trumps-second-term/>

KFF - Living in an undocumented immigrant family under the second Trump administration: <https://www.kff.org/racial-equity-and-health-policy/living-in-an-undocumented-immigrant-family-under-the-second-trump-administration-fear-uncertainty-and-impacts-on-health-and-well-being/>

KFF - State health coverage for immigrants and implications for health coverage and care: <https://www.kff.org/racial-equity-and-health-policy/state-health-coverage-for-immigrants-and-implications-for-health-coverage-and-care/>

KFF - Key facts on health coverage of immigrants: <https://www.kff.org/racial-equity-and-health-policy/key-facts-on-health-coverage-of-immigrants/>

Toxic stress: Effects, prevention and treatment: <https://pmc.ncbi.nlm.nih.gov/articles/PMC4928741/>

Mental health implications of family separation associated with migration policies in the U.S.: <https://www.sciencedirect.com/science/article/abs/pii/S0277953624004398>

KFF - Living in an immigrant family - fear and toxic stress: <https://www.kff.org/racial-equity-and-health-policy/living-in-an-immigrant-family-in-america-how-fear-and-toxic-stress-are-affecting-daily-life-well-being-health/>

Delivering Care to Immigrants - Information and Resources

[Tradeoffs.org](https://tradeoffs.org) - Getting health care to undocumented immigrants: <https://tradeoffs.org/2025/02/20/getting-health-care-undocumented-immigrants-trumps-america/>

Healthcare advocacy for undocumented individuals - Doctors for America Toolkit:

<https://doctorsforamerica.org/wp-content/uploads/2025/02/2025-Immigration-Toolkit.pdf>

CommunityHealth: <https://communityhealth.org/>

National Immigration Law Center - health care coverage:

<https://www.nilc.org/resources/healthcoveragemaps/>

Know your rights - healthcare providers and immigration enforcement:

<https://www.nilc.org/resources/healthcare-provider-and-patients-rights-imm-enf/>

Immigration policy and immigrants' sleep:

<https://www.sciencedirect.com/science/article/pii/S0167268120304467>

Uber Health: <https://www.uberhealth.com/>

Know your rights - if you encounter ICE:

<https://immigrantjustice.org/for-immigrants/know-your-rights/ice-encounter/>

NPR - Pre-bunking:

<https://www.npr.org/2022/10/28/1132021770/false-information-is-everywhere-pre-bunking-tries-to-head-it-off-early>

GoodPill home prescription delivery: <https://goodpill.org/>